



VEIL *of*
CHANGE

Putting Priorities Back Into Your Life

THROUGH THE VEIL OF HAPPINESS

Putting Priorities Back Into Your Life

One of the best ways to make decisions you won't regret is to let your priorities guide you.

Whenever you're faced with a decision, big or small, determine which option fits best with what's most important to you in the *big picture*.

The option that's most closely in alignment with your priorities, beliefs, and values will likely be the best decision for YOU.

The key words are: ***best decision for you***.

Someone else may choose a different option, but you don't need to worry about what others think is the best – their opinion comes from their own wants and needs.

If you choose what's best for *someone else*, you will be the one who regrets it.

But if you choose according to your *own* priorities, regret is rarely a result.

When you use this strategy to make decisions, it makes living with your decisions a whole lot easier!

Even if things don't go according to plan...

Even if things don't go exactly as you planned, you can still be confident that you made the right decision for *you* based on your own life needs.

Many times a decision is complicated by several factors that you might consider important.

Of course, each option leans a different way, which causes confusion and uncertainty.

Take the time to read and follow through with the strategies that are listed on the next page.

It's important to be able to recognize your own priorities as well as those of others.

Follow these 4 strategies, which can help un-complicate matters:

- ✓ **Reflect**
Think about what's most important to you and write them down – make a list

- ✓ **Arrange**
Put them in order with the most important items at the top.
Some of your most important priorities will change at different times in your life.

- ✓ **Refer**
Use your priority list when making choices.
Go with the decision that aids the higher priority over the lower one

- ✓ **Focus**

Then trust yourself to do what needs to be done to make your decision a reality. This level of trust will boost your confidence and enable you to achieve your goals with ease.

Another way to consider making good choices is to follow the saying:

“Do unto others as you would have them do unto you.”

Treating others with the same thoughtfulness that you'd like to receive yourself keeps you from doing or saying inconsiderate things that you'll be sorry about later.

Establishing an action-oriented mindset will strengthen your decision skills, too, because your new mindset will help you make decisions that encourage action!

An Action Priority Mindset

Avoid Procrastination

Plan Your Work and Work Your Plan

Seek Solutions to Your Challenges

Take Advantage of opportunities – Keep an Open Mind

Make Good Memories

Do what matters most and take action to create the life you want by putting your priorities at the top of your list.

