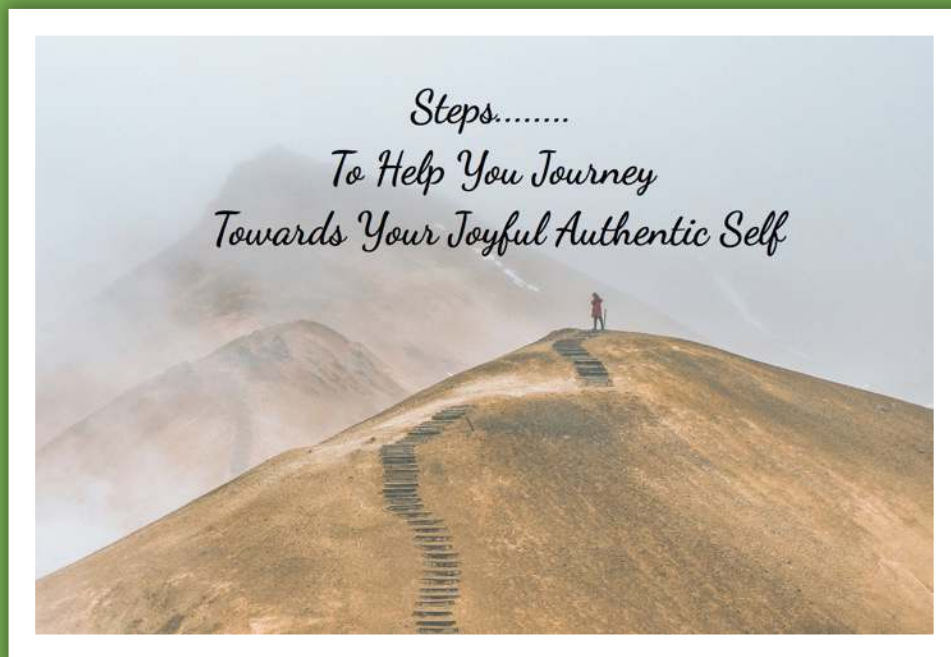


MODULE TWO

Stepping Stone 20

Each Day I Strive To Become The Person I Want To Be



Each Day I Strive To Become The Person I Want To Be

I always strive to improve myself. I look forward to learning and accumulating more skills so that I am more productive in all aspects of my life.

Using patience, I am able to be compassionate with others. ***I show them the kindness they deserve.***

In all relationships, whether they are personal or professional, I strive to be a person that others can look up to.

I maintain a positive attitude so I can work with situations as they occur and develop effective solutions.

I look forward to the future so I can portray even more strength as I go through my life.

When I help others, I learn more about myself. I am always ready to assist others with what they need. When I offer my guidance, I feel proud of myself.

I work to counter my imperfections. ***Making myself into the person I want to be sometimes seems like a challenge, but I know that I am up to the task.***

Today, I am paying extra attention to becoming the person that I want to be.

In both my professional and personal life, I want to be able to be proud of my actions.

Self-Reflection Questions:

1. What are my goals for self-improvement?
2. What can I do to strengthen my personal relationships?
3. How can I ensure that I am putting in one hundred per cent with any endeavour that I set my mind on?