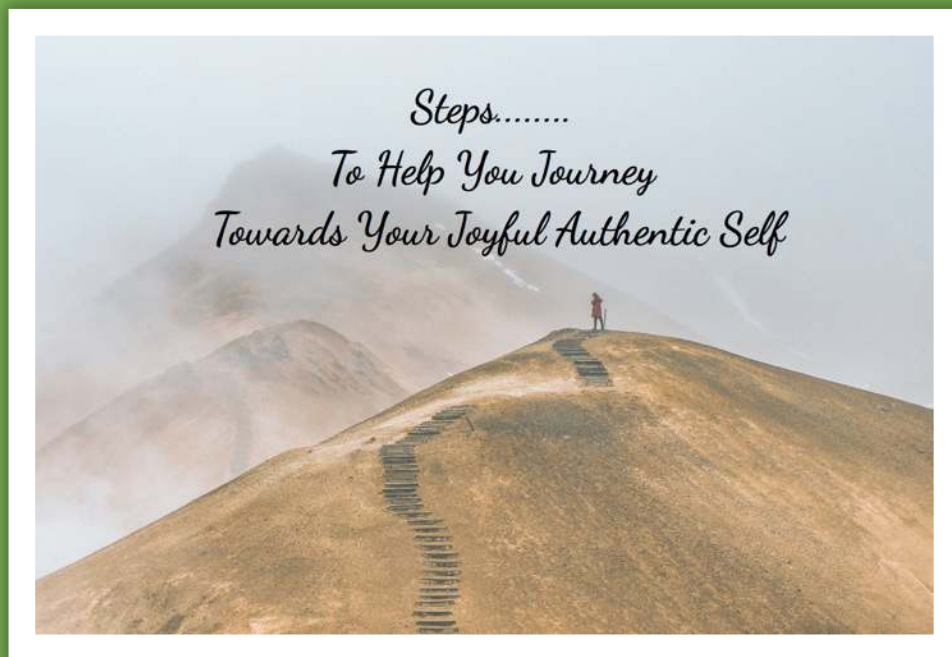


MODULE FIVE

Stepping Stone 70

My Sense Of Purpose Helps Me To Thrive



My Sense Of Purpose Helps Me To Thrive

In everything I do, I display a true sense of purpose. I take every action as an opportunity to use my abilities to the fullest.

I know that the results are more favourable when I give something my all, and it is because of my successes that my sense of purpose continues to thrive.

I love my partner, family and friends with a strong sense of purpose. I remind myself each day that they are part of my backbone and support system and they deserve my complete and unconditional love.

I feel a strong bond with my family because I give them my love freely and they do the same for me.

I want the best that life has to offer and I deserve it because I go into everything wholeheartedly.

When I achieve something I set out to achieve, I am particularly proud of myself because I know I put a lot of effort into getting it.

Every victory gives me more purpose and drive to seize another one.

Today, my sense of purpose defines me. I feel extremely confident that the sky is the limit for me. I know that, one way or the other; I can do anything if I set my mind to it.

Self-Reflection Questions:

1. Do I take time to celebrate my achievements?
2. Am I driven by the positive impact my actions have on those I love?
3. How can I empower others to develop a sense of purpose?